

YOUTH FOR LIFE



Youth for Life objectives



- Empower youth to shape their own future without relying only on external help
- Inspire them to discover and use their hidden talents
- Promote self-reliance and personal growth



YOUTH FOR LIFE

One-week Course

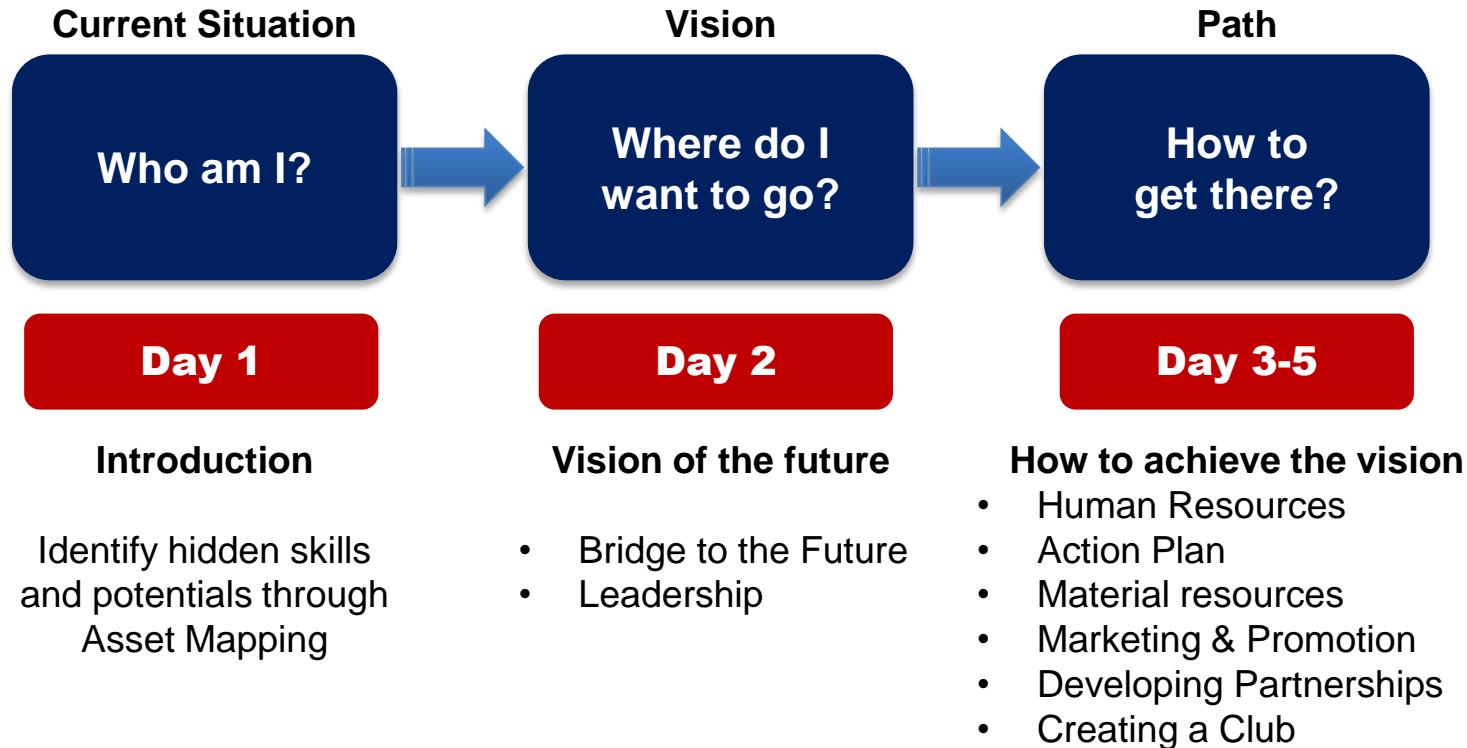


Create multiple projects





Youth for Life Course structure





YOUTH FOR LIFE

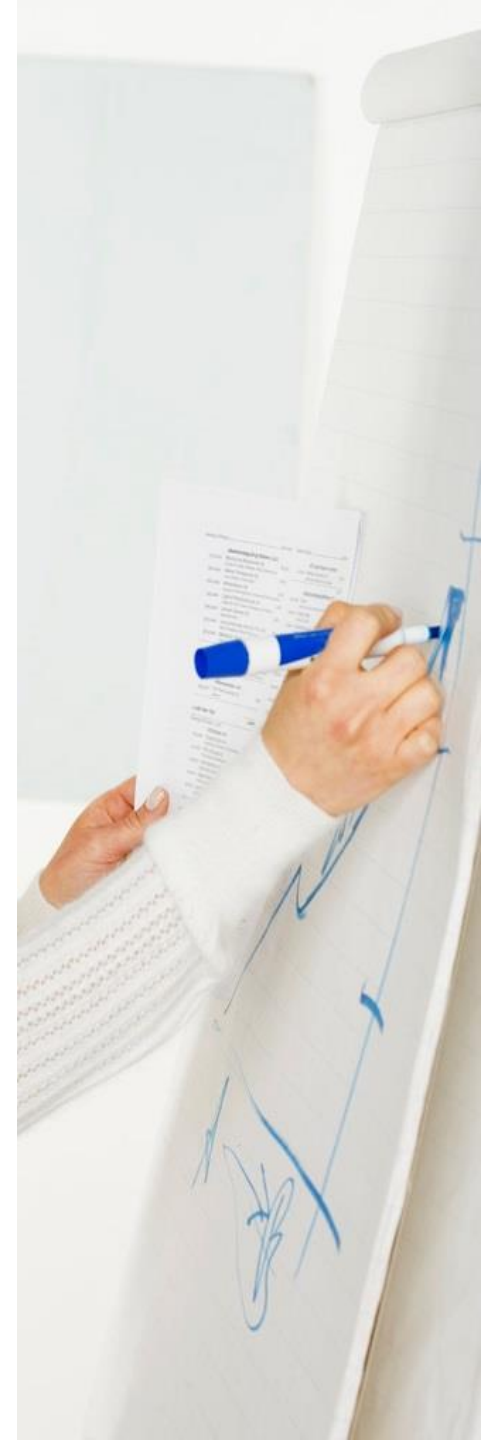
1	Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday	6	Saturday
	Introduction	Bridge to the Future	Human Resources	Material resources	Developing Partnerships	Project Implementation					
	Asset Mapping	Leadership	Action plan	Marketing & Promotion	Creating a Club						



What Youth
Project do we
want to prepare
in this course?

Present your Project

- **Project title:**
- **Owner:**
- **Date:**
- **Where:**
- **Key objective:**
- **Participants:**



Youth for Life activities in Dili



English
for Life



Art
for Life



Climate
Change



Green
for Life



Science
for Life



Run
for Life



Tech
for Life

Event
Organizer



Health
for Life

Theater
for Life



Stand up
comedy



Sport
for Life



Yoga
for Life



Music
for Life

- 21 participants
- 20 graduates
- Implemented 20 mini projects in their communities and schools

Pilot in Dili, 7-11 October 2024



2nd Pilot in Dili, 18 Nov-30 Nov 2024



- 42 participants
- 20 graduates
- Implemented 13 mini projects in their communities and schools

Pilot Train-the-Trainer in Dili, 9-14 Dec 2024

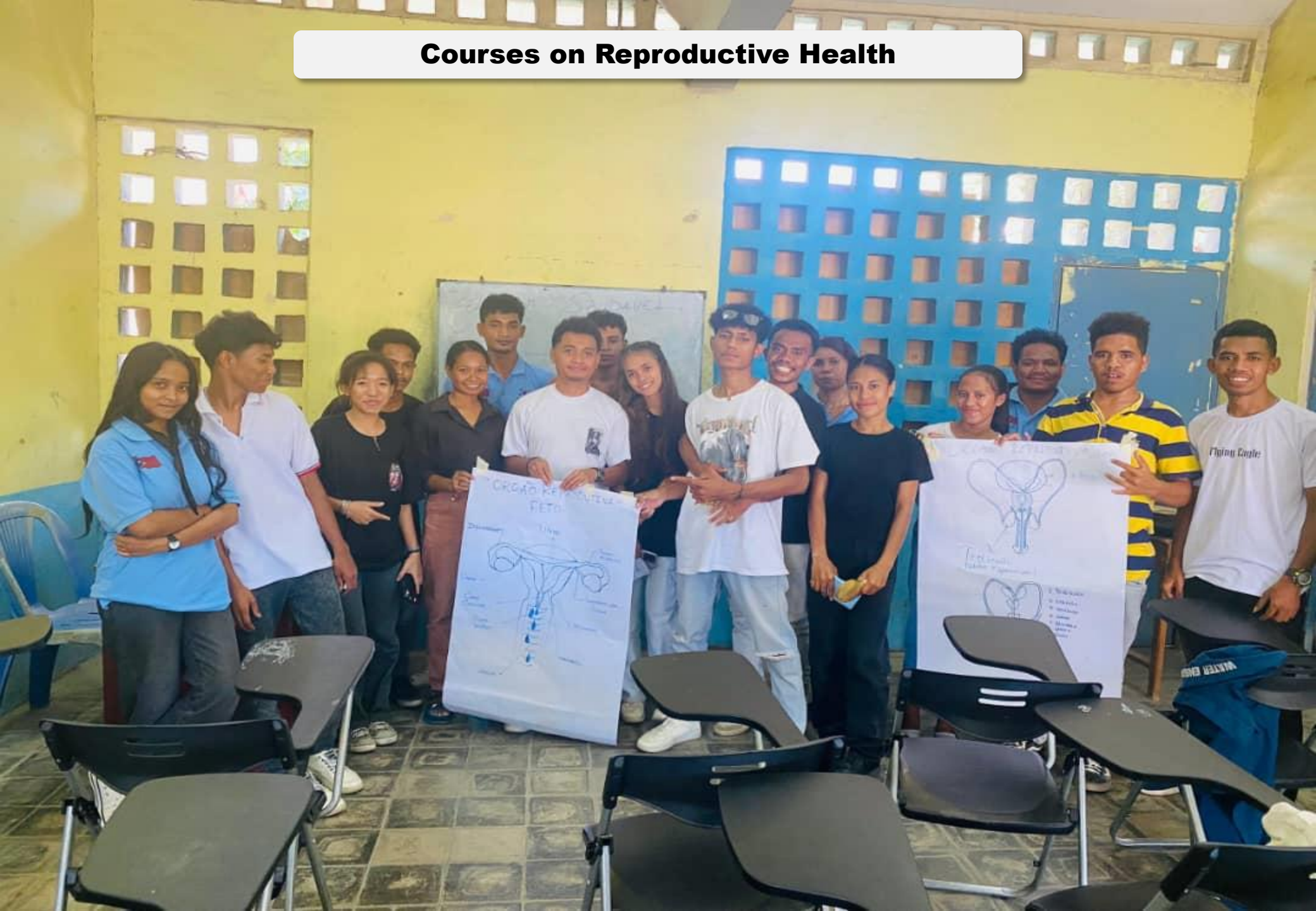
- 17 participants
- 17 graduates



Courses on Digital Literacy



Courses on Reproductive Health



English Courses for Children



Sport Events



Recycling project



Journalism course



Leadership course



Creativity



Public speaking course

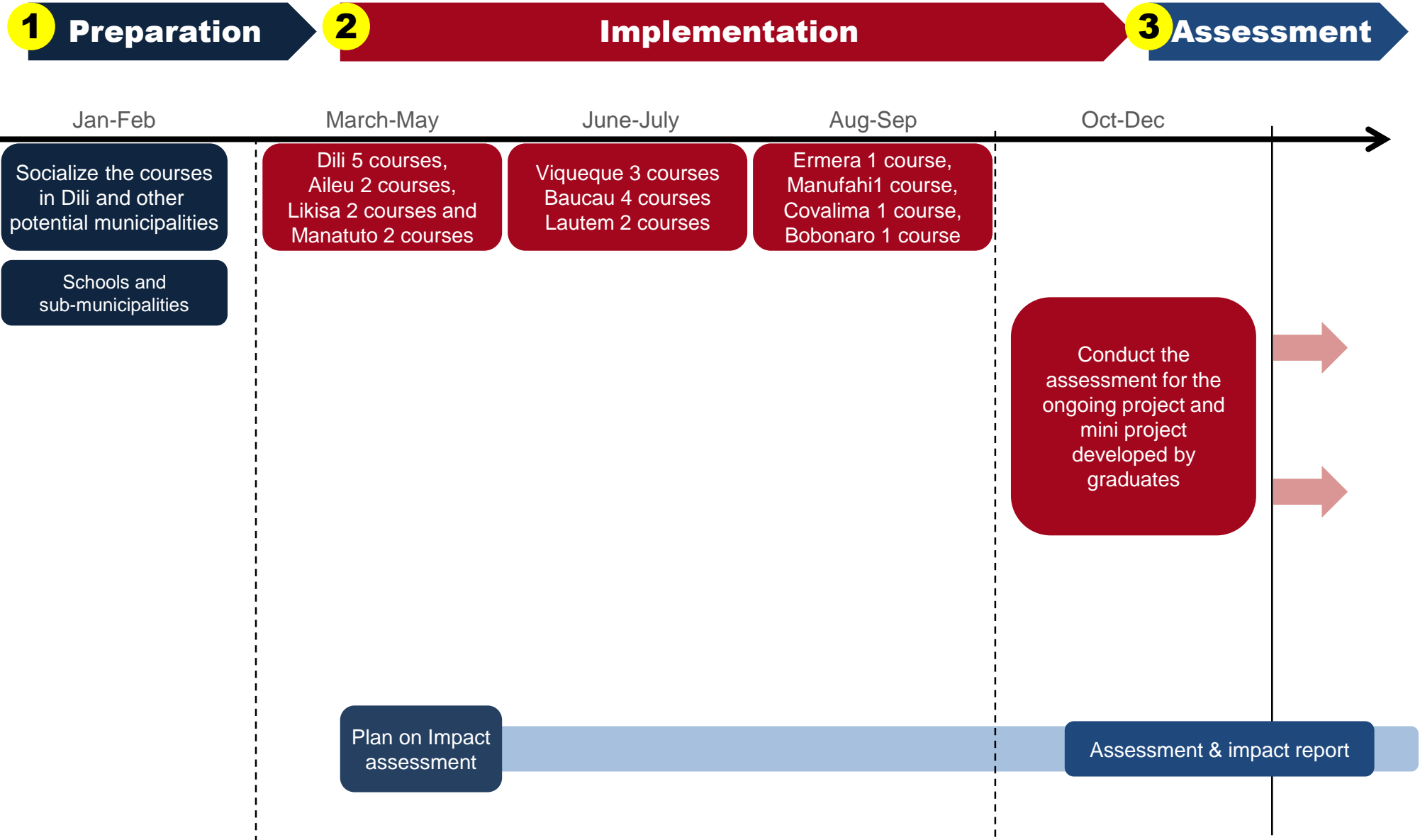


Reproductive health course





Youth for Life Calendar of 2025



Youth for Life Course materials



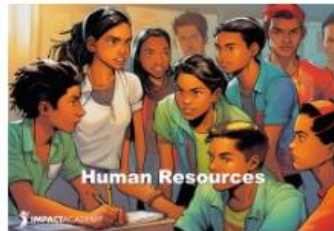
1. Asset Mapping



2. Bridge to the Future



3. Leadership



4. Human Resources



5. Action Plan



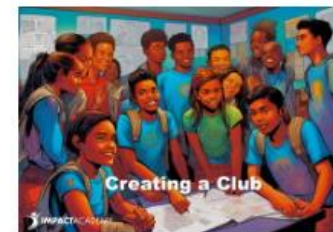
6. Material Resources



7. Marketing & Promotion



8. Developing Partnerships



9. Creating a Club

youth-for-life.org