



kooperasaun  
husi alemaña  
DEUTSCHE ZUSAMMENARBEIT



## Sport for Life against Gender Inequality

Youth Promotion for Social Cohesion

### REPORT

Oct/2021 – Aug/2022

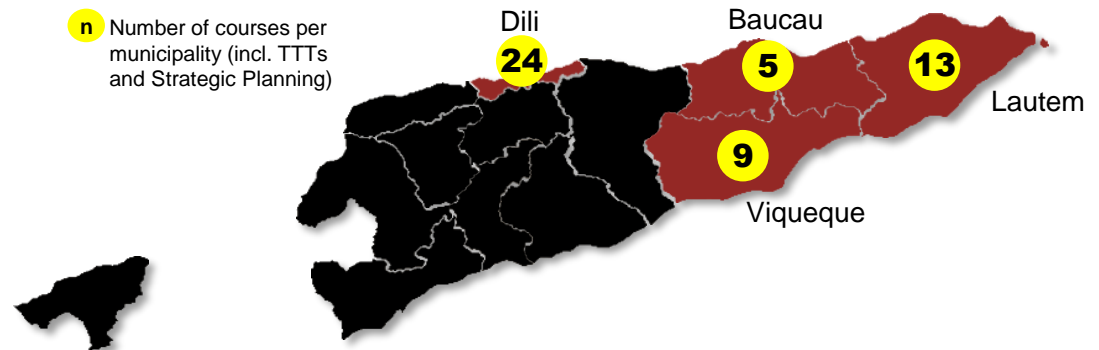


# Executive Summary



For a tiny fraction (<1%) of the total funding for the Youth Promotion for Social Cohesion, GIZ has enabled through SportImpact fabulous impact in four municipalities of Timor-Leste: it accelerated the spread of Sport for Life, providing **hundreds of local youth unique opportunities to develop their self-confidence, empowerment and creativity, as well as their communication, leadership, teamwork and management skills.**

SportImpact's engaging Sport for Life Courses and Train-the-Trainers (TTTs) tremendously activated four municipalities: Baucau, Lautem, Viqueque and Dili. Local alumni volunteers organized over 40 multisport activities engaging more than 3,600 children, and facilitated 36 Sport for Life Courses for over 800 young participants in their communities.



Strategic Planning Workshops in each of the four municipalities led to a **Memorandum of Understanding with each Youth Center to ensure sustainable continuity** of the project. Local Sport for Life volunteers will be collaborating with Youth Centres and using their facilities. Their respective calendars and action plans are in the Appendix.

Given the total approved budget and the **1,225 participants** overall in all workshops, mostly in 6-day courses, the **cost per participant per course day was of just \$6** (i.e., \$6 covered one day of training for one person).

As **next steps**, besides following up with these four municipalities to **ensure action plans are implemented**, SportImpact intends to **replicate the process in other Timor-Leste municipalities**, to make the project even more inclusive and impactful.

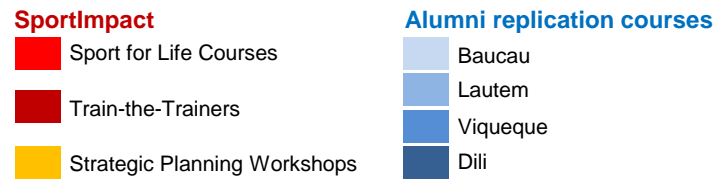
# Project activities & participants



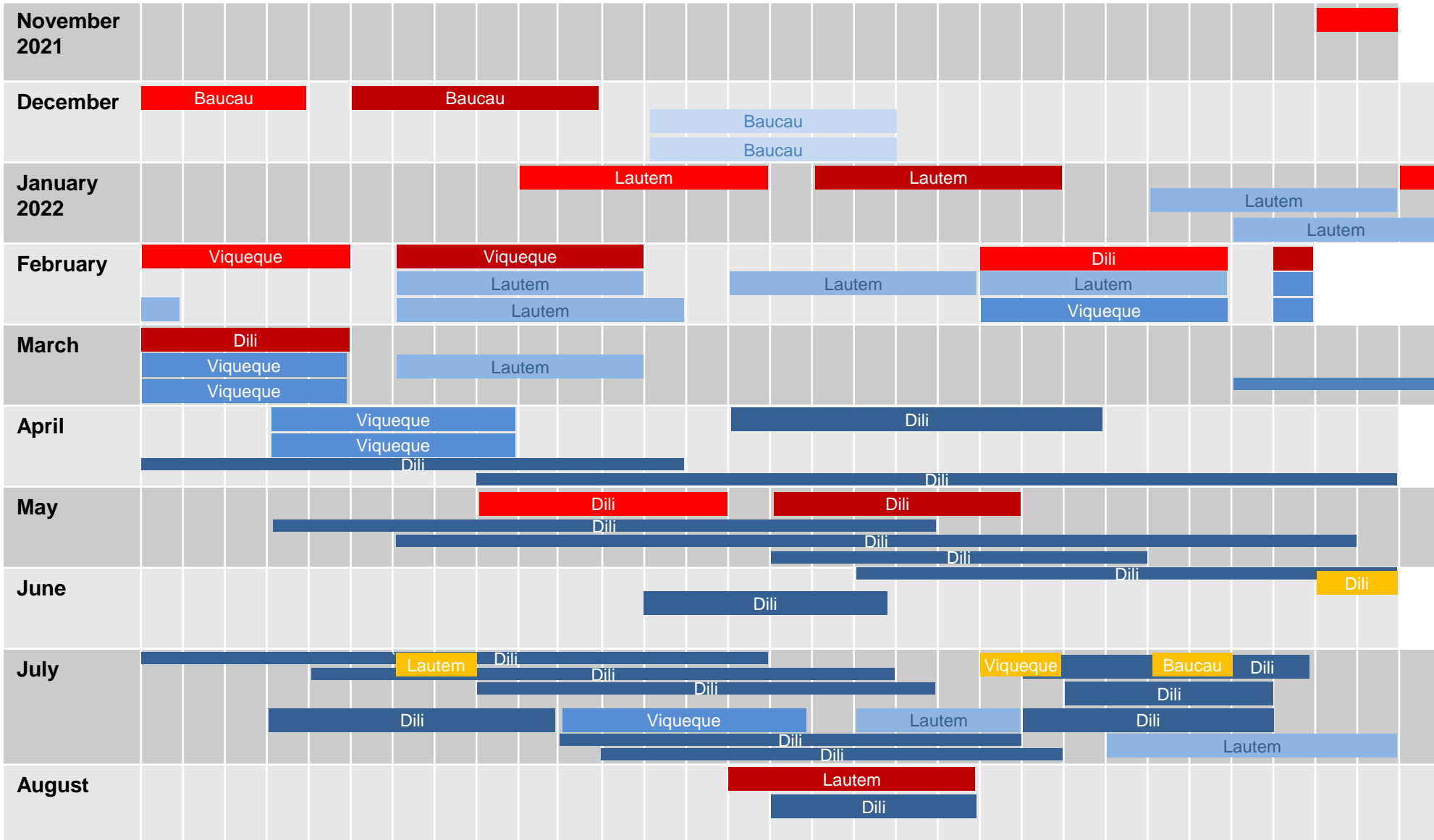
		Baucau	Lautem	Viqueque	Dili	Total	vs	Initial targets	% reached
SportImpact	Sport for Life Courses	Courses	1	1	1	2	5	5	100%
		Participants	30	29	36	67	162	125	130%
		Women %	83%	66%	67%	72%	72%	50%	186%
	Train-the-Trainers	Courses	1	2	1	2	6	1	600%
		Participants	16	49	10	40	115	25	460%
		Women %	88%	69%	70%	69%	71%	50%	656%
	Strategic Planning Workshops	Workshops	1	1	1	1	4	4	100%
		Participants	34	26	52	31	143	100	143%
		Women %	79%	77%	77%	68%	76%	50%	216%
Alumni replication	Sport for Life events	Events	4	12	9	19	44	16	275%
		Kids	495	1039	923	1265	3722	800	465%
	Replication Sport for Life Courses	Courses	2	9	6	19	36	10	360%
		Participants	46	252	109	398	805	300	268%
		Women %	63%	68%	60%	59%	62%	50%	333%
		Courses/ Workshops	5	13	9	24	51	10	510%
<b>TOTALS</b>	Participants	126	356	207	536	1225	550	223%	
	Women: 66%	95	245	136	330	806	275	293%	

Output targets significantly surpassed

# Implemented calendar

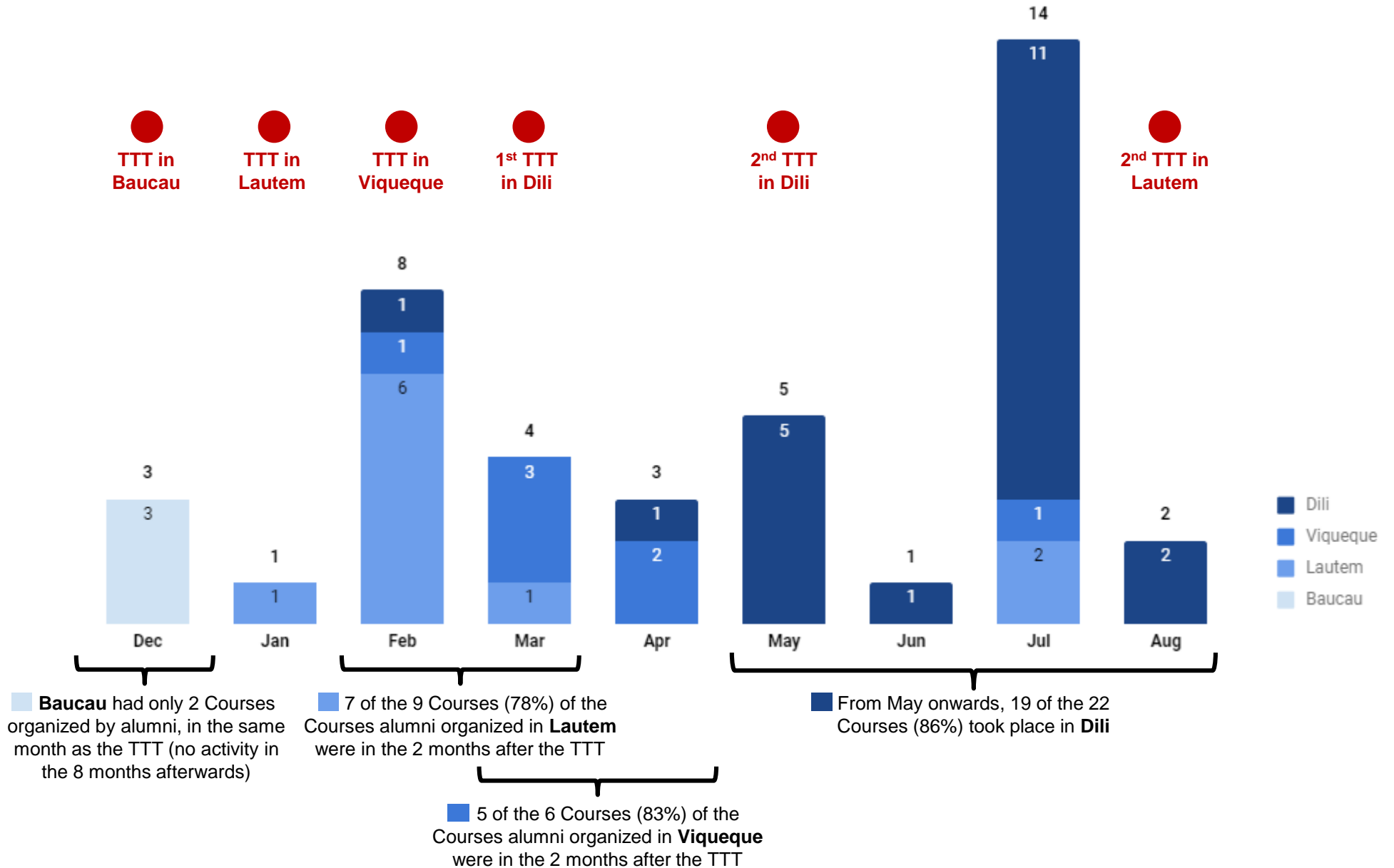


	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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# Most activity right after each TTT



Map Satellite



www.sport-for-life.org

Month [dropdown]

Table

Graphs

[link to database](#)

Region [dropdown]

Facilitator [dropdown]



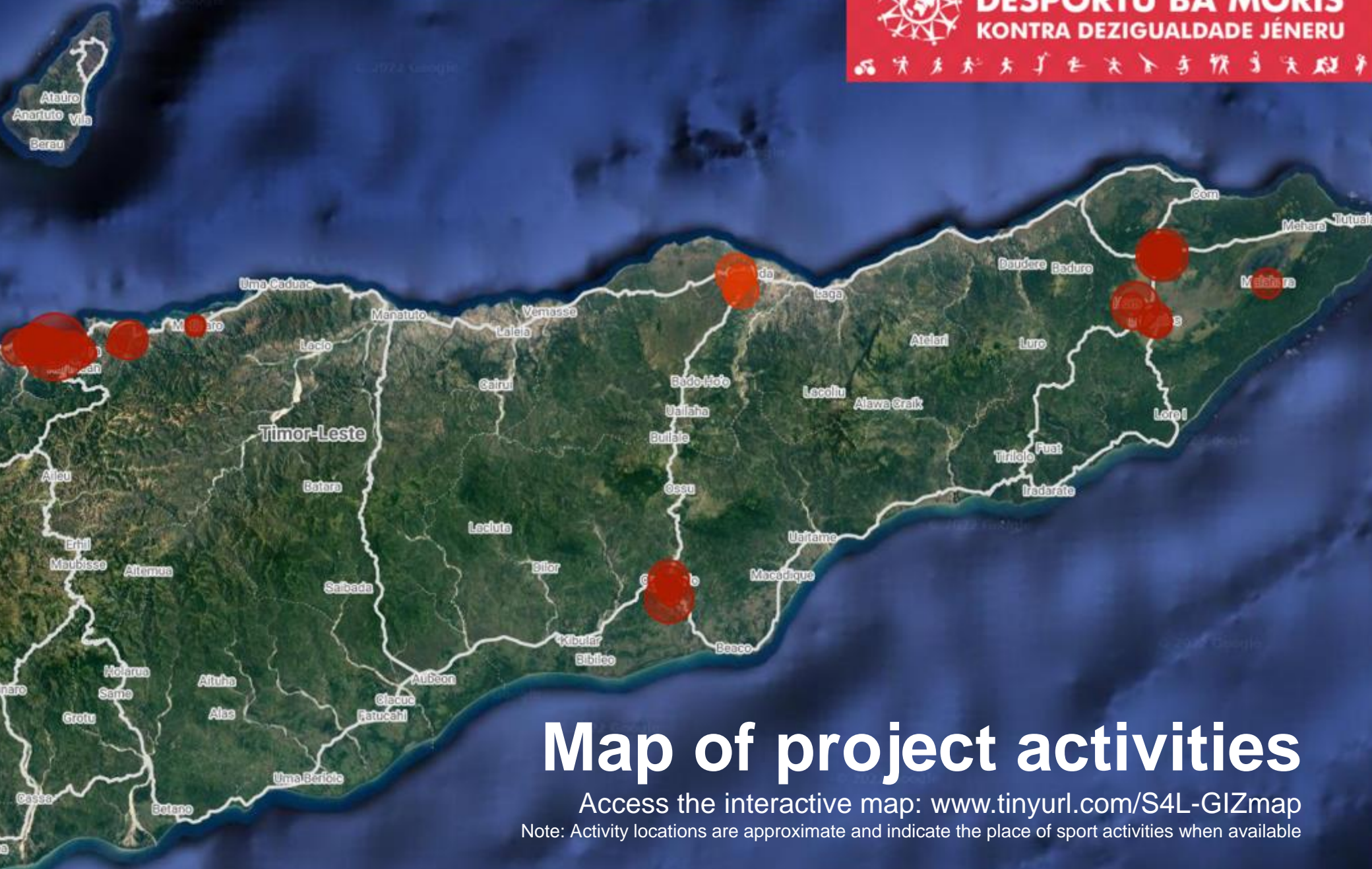
7801 4000 | www.sportimpact.org

Supporta husi



MAI ITA PRATIKA DESPORTU. DI DINI HODI HABURAS

**DESPORTU BA MORIS**  
KONTRA DEZIGUALDADE JÉNERU

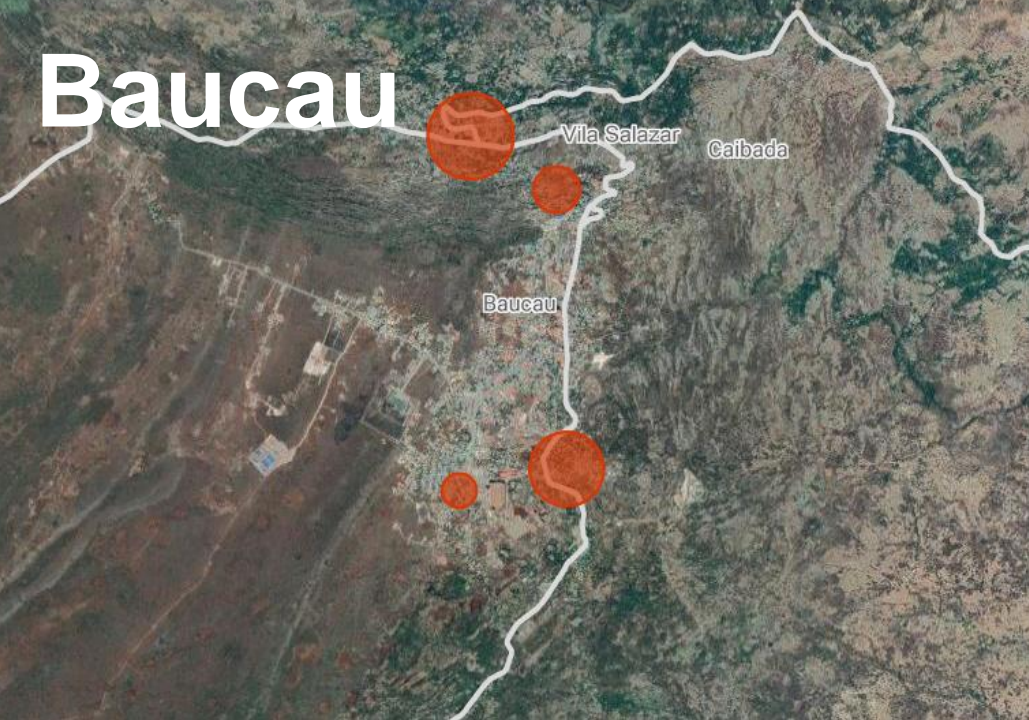


# Map of project activities

Access the interactive map: [www.tinyurl.com/S4L-GIZmap](http://www.tinyurl.com/S4L-GIZmap)

Note: Activity locations are approximate and indicate the place of sport activities when available

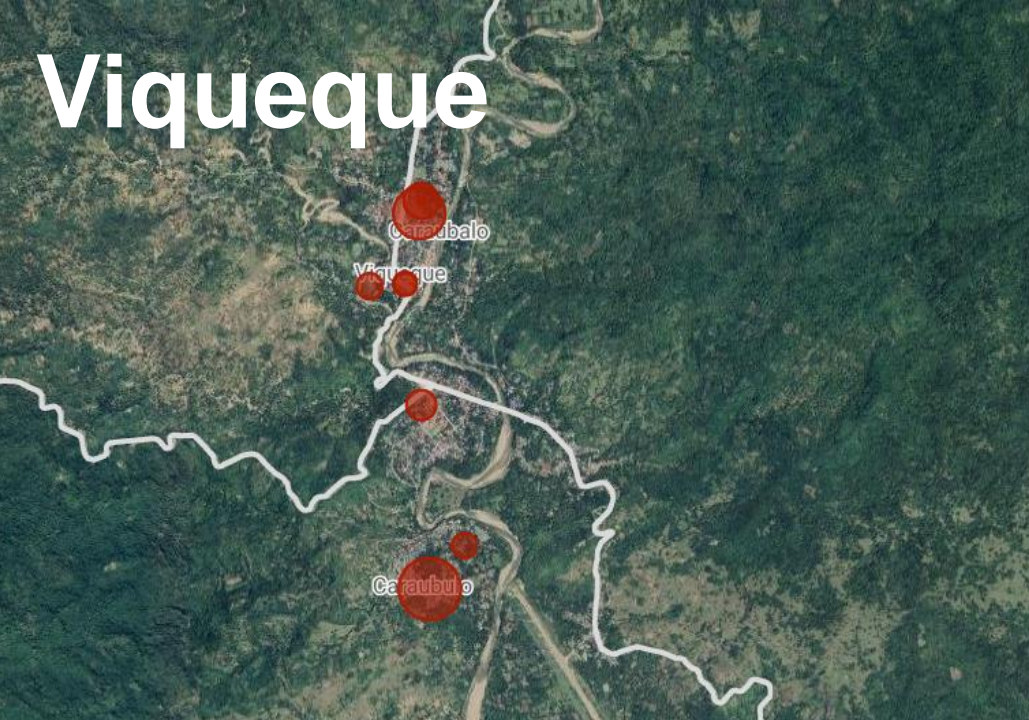
# Baucau



# Lautem



# Viqueque



# Dili



# Project database

Access online: [www.tinyurl.com/S4L-GIZ](http://www.tinyurl.com/S4L-GIZ)



Month	Date	Region	Location	Latitude, Longitude	Description	Facilitator	Co-facilitators	Train-the-trainer	Sport for Life Course	Sport activity	Course participants	Facilitators trained	Organizers trained	Women participants	% women	# kids in sport activities
2021-12	4-Dec-2021	Baucau	Tirilolo village, Ba	-8.4833781,126.4583142	Sport for Life c	Epifania Araujo da	Juvito Guterres Fraga		1	1	30		30	25	83%	200
2021-12	11-Dec-2021	Baucau	Tirilolo village, Ba	-8.4659989,126.4578772	Train-the-Train	Virginia de Graca d	Epifania Ara	1		1	16	16		14	88%	200
2021-12	18-Dec-2021	Baucau	Trilolo, Baucau Vi	-8.4628638,126.4522623	Sport for Life c	Juleta Ximenes			1	1	36		36	20	56%	70
2021-12	18-Dec-2021	Baucau	Trilolo Uatu Lete,	-8.4847142,126.4515513	Sport for Life c	Zania Guterres Alves			1	1	10		10	9	90%	25
2022-01	16-Jan-2022	Lautem	Fuiloro, Lospalos	-8.5220002,126.9944396	Sport for Life c	Jeremias da Silva	Natalia da Graca da Cru		1	1	29		29	19	66%	100
2022-01	22-Jan-2022	Lautem	Home, Lospalos	-8.5027084,126.9854177	Train-the-Train	Virginia de Graca d	Natalia da C	1		1	16	16		9	56%	200
2022-02	5-Feb-2022	Viqueque	Carau Balu, Bora	-8.8580897,126.384539	Sport for Life c	Jaime de Graca da	Suzana Olimpia Belo		1	1	36		36	24	67%	200
2022-02	5-Feb-2022	Lautem	Central/Fuiloro, L	-8.4390547,127.0024943	Sport for Life c	Andy Hornay Moniz	Alexandro Gebi Barreto,		1	1	38		38	18	47%	80
2022-02	12-Feb-2022	Viqueque	Uma Kiik, Viqueq	-8.8767374,126.3673838	Train-the-Train	Virginia de Graca d	Jaime de Gr	1		1	10	10		7	70%	100
2022-02	12-Feb-2022	Lautem	Central/Fuiloro, L	-8.4387017,127.0023803	Sport for Life c	Oldegario da Costa	Nivia Monica Freitas, Lil		1	1	28		28	16	57%	40
2022-02	13-Feb-2022	Lautem	Home, Lospalos,	-8.5035946,126.9895654	Sport for Life c	Martinho dos Santos			1	1	45		45	33	73%	200
2022-02	19-Feb-2022	Lautem	Central/Fuiloro, L	-8.4449957,127.0029383	Sport for Life c	Alexandro Gebi Bar	Natalisia da Cruz		1	1	15		15	9	60%	30
2022-02	26-Feb-2022	Lautem	Central/Fuiloro, L	-8.4385517,127.0020983	Sport for Life c	Nivia Monica Freita	Oldegario da Costa Hor		1	1	18		18	9	50%	50
2022-02	26-Feb-2022	Dili	Comoro, Dom Ale	-8.5538126,125.5387739	Sport for Life c	Epifania Araujo da	Antonia Jania da Silva S		1	1	30		30	21	70%	100
2022-02	26-Feb-2022	Lautem	Fuiluro, Lospalos	-8.4387952,127.0044556	Sport for Life c	Andy Hornay Moniz			1	1	50		50	50	100%	100
2022-03	5-Mar-2022	Viqueque	Mamulak/Carau-E	-8.8608201,126.3614164	Sport for Life c	Justina de Carvalho Pinto			1	1	11		11	5	45%	60
2022-03	5-Mar-2022	Dili	Comoro, Dom Ale	-8.5534924,125.5444653	Train-the-Train	Virginia de Graca d	Epifania Ara	1		1	16	16		11	69%	100
2022-03	5-Mar-2022	Viqueque	Waimori/Carauba	-8.855318,126.3646816	Sport for Life c	Amancio Pinto Mari	Carmelita da Costa Gut		1	1	20		20	11	55%	90
2022-03	5-Mar-2022	Viqueque	Waimori/Carauba	-8.85532,126.3646816	Sport activity o	Carmelita da Costa	Guterres		1	1						70
2022-03	5-Mar-2022	Viqueque	Cabira-Oan/Cara	-8.8680079,126.3646864	Sport for Life c	Grasela Maria de J	Anito Amaral Pinto		1	1	15		15	12	80%	125
2022-03	12-Mar-2022	Lautem	Central/Fuiloro, L	-8.4385518,127.0020981	Sport for Life c	Natalisia da Cruz	Alexandro Gebi Barreto		1	1	12		12	4	33%	15
2022-04	9-Apr-2022	Viqueque	Mamulak/Carauba	-8.8604729,126.3638512	Sport for Life c	Justina de Carvalhc	Anito Amaral Pinto, Gra		1	1	8		8	4	50%	103
2022-04	9-Apr-2022	Viqueque	Mamulak/Carauba	-8.860473,126.363851	Sport for Life c	Anito Amaral Pinto	Grasela Maria de Jesus		1	1	9		9	6	67%	105
2022-04	29-Apr-2022	Dili	Caicoli/Mascaren	-8.5874072,125.5644583	Sport for Life c	Augusta do Rosário	Orleans		1	1	10		10	5	50%	56
2022-05	10-May-2022	Dili	Bidau/Bidau Lecic	-8.5528832,125.589532	Sport for Life c	Augusta do Rosário	Orleans		1	1	18		18	9	50%	48
2022-05	15-May-2022	Dili	Comoro, CCYC, I	-8.5538682,125.5440028	Sport for Life c	Jaime de Graca da	Epifania Araujo da Silva		1	1	37		37	27	73%	200
2022-05	21-May-2022	Dili	Comoro, Fatuhad	-8.5530357,125.5434127	Train-the-Train	Virginia de Graca d	Jaime de Gr	1		1	24	24		16	67%	150
2022-05	25-May-2022	Dili	Lemcari/Manleua	-8.5570577,125.5238433	Sport for Life c	Feliciania Soares	Soi		1	1	30		30	16	53%	75
2022-05	29-May-2022	Dili	Colmera, Dom Al	-8.556209,125.568848	Sport for Life c	Feliciania Soares	Soi		1	1	69		69	40	58%	55
2022-05	30-May-2022	Dili	Colmera, Dom Al	-8.5562087,125.568848	Sport for Life c	Feliciania Soares	Suzelia Pama		1	1	19		19	15	79%	45
2022-06	18-Jun-2022	Dili	Klakfuik/Becora, C	-8.5620724,125.6002883	Sport for Life c	Evalina de Sá Bene	Brigida dos Santos, Juv		1	1	26		26	17	65%	40
2022-07	10-Jul-2022	Dili	Camea/Has-laran	-8.5846437,125.6112528	Sport for Life c	Juninho Ribeiro Ma	Joel Marques, Bernadet		1	1	8		8	4	50%	26
2022-07	16-Jul-2022	Dili	Bidau Santana, C	-8.5498245,125.5913681	Sport for Life c	Augusta do Rosário	Orleans		1	1	12		12	6	50%	65
2022-07	16-Jul-2022	Viqueque	Karabalu no Um	-8.879427,126.3652	Sport for Life c	Carmelita da Costa	Amancio Pinto Maria		1	1	46		46	27	59%	70
2022-07	17-Jul-2022	Dili	Colmera, Vera Cr	-8.5563627,125.5648958	Sport for Life c	Feliciania Soares	Soi		1	1	32		32	22	69%	50
2022-07	18-Jul-2022	Dili	Fatuhada, Dom A	-8.5527806,125.5520863	Sport for Life c	Sônia Paula Pereira			1	1	11		11	9	82%	30
2022-07	19-Jul-2022	Dili	Comoro, Dom Ale	-8.5533979,125.5437145	Sport for Life c	Abilio da Costa			1	1	12		12	11	92%	35
2022-07	22-Jul-2022	Dili	Hera/Mota Kiik, C	-8.5544547,125.6493338	Sport for Life c	Abilio da Costa	Sônia Paula Pereira, He		1	1	11		11	9	82%	
2022-07	22-Jul-2022	Lautem	Maupitine/Vailoro	-8.474839,127.1402526	Sport for Life c	Denciana Silvania	Teodora da Conceição		1	1	23		23	20	87%	49
2022-07	23-Jul-2022	Dili	We-nunuk, Metin:	-8.5291,125.7510	Sport for Life c	Herminia Soares dc	Sônia Paula Pereira		1	1	12		12	8	67%	50
2022-07	23-Jul-2022	Dili	Wenunuk, Metina	-8.52905,125.7511	Sport for Life c	Sônia Paula Pereir:	Herminia Soares dos S:		1	1	9		9	8	89%	50
2022-07	23-Jul-2022	Dili	1 de setembro/Vil	-8.5595897,125.5680008	Sport for Life c	Brigida dos Santos	Evalina de Sá Benevid		1	1	34		34	9	26%	60
2022-07	23-Jul-2022	Dili	Hera, Cristo-Rei,	-8.5474786,125.6643809	Sport for Life c	Sônia Paula Pereir:	Abilio da Costa, Hermin		1	1	34		34	19	56%	
2022-07	29-Jul-2022	Dili	Hera/Hera Hali-D	-8.5455374,125.6667298	Sport for Life c	Herminia Soares dos	Santos Monteiro		1	1	21		21	11	52%	30
2022-07	30-Jul-2022	Lautem	Fuiloro, Lospalos	-8.5255577,126.9977924	Sport for Life c	Andy Hornay Moniz			1	1	23		23	13	57%	75
2022-08	8-Aug-2022	Dili	Becora/Escola 28	-8.5848283,125.6024879	Sport for Life c	Joel de Araújo Marques			1	1	15		15	9	60%	
2022-08	16-Aug-2022	Dili	Becora, Cristo-Re	-8.56207,125.60026	Sport for Life c	Herminia Soares dos	Santos Monteiro		1	1	15		15	7	47%	
2022-08	20-Aug-2022	Lautem	Fuiloro, Lospalos	-8.438821,127.0027508	Train-the-Train	Epifania Araujo da	Silva Gomes	1		1	33	33		25	76%	100



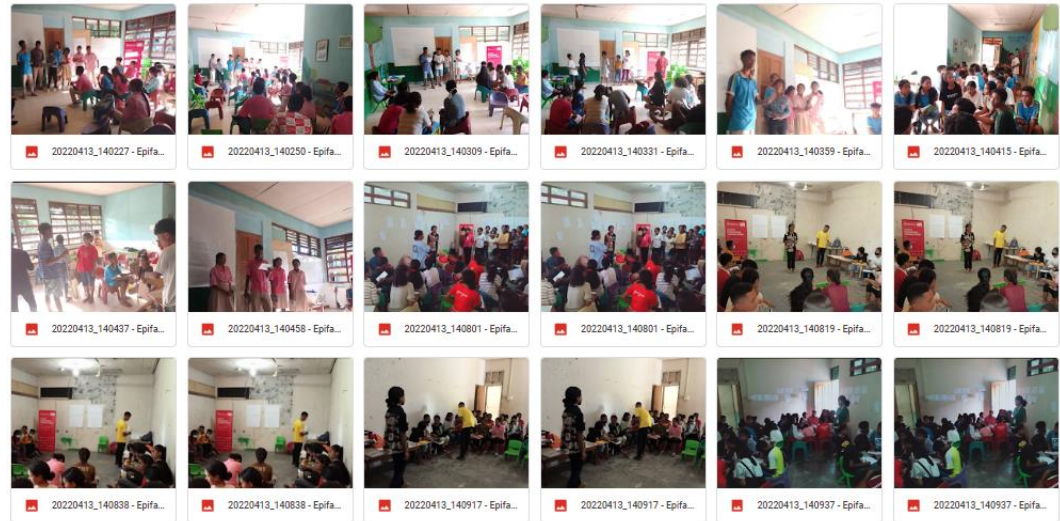


# Project photos

Accessible through the project database, activity by activity: [www.tinyurl.com/S4L-GIZ](http://www.tinyurl.com/S4L-GIZ)

 Drive **Workshop photos**

[www.tinyurl.com/S4L-GIZcoursephotos](http://www.tinyurl.com/S4L-GIZcoursephotos)



 Drive **Sport activity photos**

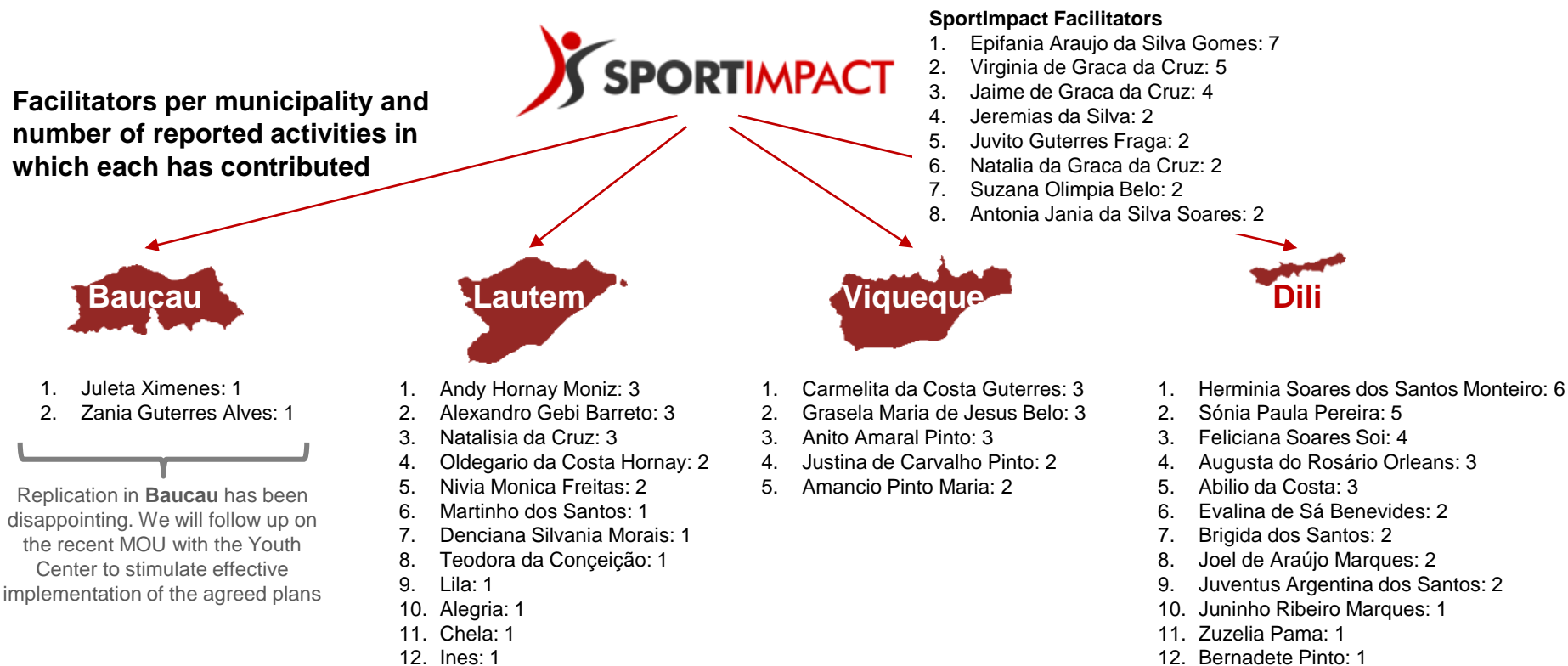
[www.tinyurl.com/S4L-GIZeventphotos](http://www.tinyurl.com/S4L-GIZeventphotos)



# Multiplier effect



As planned, the project is creating a multiplier effect, where in each municipality the work of SportImpact facilitators has created a group of local youth facilitators organizing Sport for Life activities. The number of active alumni and the amount of activities they organize is naturally diverse, but it is very rewarding to see all the work in these first few months. SportImpact will remain in touch with them to promote further multiplication, and to incentivize alumni to organize regular sport activities (which are still mostly one-off).



# Testimonials: transformed youth!



*Sport for Life has developed me to become who I am today. I am now officially a Sport for Life Against Unequal Opportunity Facilitator in my municipality of Dili and also a manager for Women Economic Empowerment at Alola Foundation.*

*With the Sport for Life Against Unequal Opportunity activities that I organized in Dili, I've become self-employed, and also an employee at Alola Foundation. Through the four (and will be five soon) Courses and Events I have organized, I've generated over \$500, helping me pay my university fees and the rent of my house. I will continue organizing Sport for Life in my life, as it helps develop me to become a better person for myself and for others.*

*Sport for Life not only teaches to organize sport events but also provokes me to become better, to do more, to write a story of success in my life, and to contribute through action to my country before I die! I love Sport for Life! THANKS SPORTIMPACT AND THANKS GIZ for supporting Sport for Life!*

**Feliciano Soares Soi**

**Volunteer Facilitator Graduate from Sport for Life TTT Dili**



*Sport for Life has developed me become who I am today. I am now officially a Sport for Life Against Unequal Opportunity Facilitator in my municipality, Lautem.*

*The three Sport for Life Against Unequal Opportunity that I organized in my municipality have made me self-employed. By organizing three Courses and Events I have generated more than \$400. This has helped pay my university fees and my house rent in Dili. I am going to continue organizing Sport for Life in my life. It helps me develop to become a better person, with the identity of youth that are Maubere. It contributes to the development of my country and also helps me financially. THANKS SPORTIMPACT AND THANKS GIZ for supporting Sport for Life!*

**Andy Hornay Moniz**

**Volunteer Facilitator Graduate from Sport for Life TTT Lautem**

# Testimonials: Youth Center Coordinators

*The SportImpact team is super serious about their work after signing the MOU with Lautem Youth Center (CDJTLM). The SportImpact team continued to support the Sport for Life alumni to continue spreading the activity in the community and ran their second Train-the-Trainer in our Youth Center.*

*SportImpact are not just having the MOU to complete the GIZ support but they are really serious and believe in their mission and open our eyes to just do it and follow their steps. CDJTLM provided rice, water and car to facilitate, and other material to support the Train-the-Trainer in Lautem.*

**Charles Maya Fernandes**  
**Lautem Youth Center Coordinator**



# Spreading the message: Facebook



## Facebook page of GIZ Timor-Leste [www.facebook.com/GIZTL/](http://www.facebook.com/GIZTL/)

**giz** GIZ Timor-Leste  
July 12 · 🌐

Iha semana kotuk, Sport for Life fornese formasaun planu estratejia ba juven sira iha sentru juventude, Lautem. Partisipante sira entusiastu tebes, sira mos halo diskusuan grupu kona-ba atividade ne'ebé sei hala' o iha fulan hirak nia laran. Fasilitator mos halo apresentasaun ba partisipante foun sira kona-ba atividade hirak ne'ebé sira implementa ona hamutuk ho komunidade. Aliende ne'e, entre Sentru Juventude Lautem ho Sport Impact asina MOU atu entrega atividade projetu ba ju... See more

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5 Comments 8 Shares

## Facebook page of Sport for Life Movement [www.facebook.com/sportforlifemovement](http://www.facebook.com/sportforlifemovement) (mostly sharing GIZ's posts)

**Sport for Life**  
Published by Nuno · June 20 · 🌐

Thanks, **GIZ Timor-Leste** for helping spread Sport for Life around Timor-Leste! 🙌🙌🙌

Since October, 5 Train-the-Trainers in 4 municipalities, 82 new facilitators, more than 20 Courses training over 400 organizers of zero-dollar sport activities, activating thousands of kids in local communities. With 62% girl participation - which helps counterbalance usual trends, to make sport and Timor-Leste more gender-neutral! 🙌

Let's keep spreading the Sport for Life energy! 🙌

Video... See more

**GIZ Timor-Leste**  
May 30 · 🌐

#JuventudebaMudansa koopera ho organizasaun SportImpact realiza formasaun kona-ba "Desportu ba Moris kontra desigualdade jeneru", partisipante hamutuk ema na'in... See more

## Facebook page of Movimento Estudante Tane-Oecusse (METO) [www.facebook.com/Movimento-Estudante-Tane-Oe-cusse-109380531361007](http://www.facebook.com/Movimento-Estudante-Tane-Oe-cusse-109380531361007)

**Movimento Estudante Tane Oe-cusse**  
August 7 at 4:29 PM · 🌐

Dili-METO \_\_\_\_\_ Iha loron Domingo, 7 fulan Agustu tinan 2022, Movimento Estudante Tane Oe-cusse, Partisipa seminariu loran sorin iha edificiu Lasama Training Center-LCT, Colmera Dili Timor Leste.

Objetivu husi seminariu ne'e, oinsa empodera Juventude sira hodi participa no ativu ba prosesu dezenvolvimentu ba setor oiin hanesan setor edukasaun, ekonomia, social, justisa, no politika. Seminariu ne'e, organiza husi Grupu SPORTIMPACT/SPORT FOR LIFE.Partisipa maximu husi formandu, ne'ebé durante ne'e, tuir treinamentu lideransa fatin LTC nomos iha METO.

Entretantu, Orador ba seminariu Sr. Nivio Magallães, ho topiku Joven milenial mak sai ajente transformador ba sociedade. Enkuanto, oradora sra.Angela Tavares de Jesus,nia topiku Tranzisional Juventude Cultura no identidade Timor Leste.Nun'e, moderador ba seminariu ohin loran Sra.Francisca Bian.

Bainhira remata seminariu iha tuku haat lokraik, distribui moos sertifikadu apresiasaun ba formadu sira ne'ebé durante partisipa formasaun lideransa ne'ebé oferece husi SPORTIMPACT.

METO-DILI,07/08/2022

18

Liafuan Inspirasaun Domin and 42 others

2 Comments 16 Shares

### GIZ Timor-Leste posts

- **15/Nov/21**, <https://www.facebook.com/GIZTL/posts/pfbid02PrvQTVujGiCNJcaW47Sf3F9fKtiPk6SgrmNQExnJ2unPr7d7t34EcEvgztEK4wBF1>
- **26/Nov**, <https://www.facebook.com/GIZTL/posts/pfbid025vUcUgYrhGUQAM5EHtpCyHd5y446jCyinQqRzdTeiNqZQmbPfJhfReqJjco2t3tBI>
- **15/Dec**, <https://www.facebook.com/GIZTL/posts/pfbid02D5urfDZYDEAGzoi7UBoj7RawxjDNgrukzKpzDpb2pX53eYDFBBQ96kLateJPHy8V1>
- **17/Jan/22**, <https://www.facebook.com/GIZTL/posts/pfbid03614cXCzL6FpaHmc2FkqFVGA1rhQzc14NEFgtMfShMn7CJYvWYvFshIFM12QntJfau1>
- **2/Feb**, <https://www.facebook.com/GIZTL/posts/pfbid02igoaJY7MGcgkUznXrcESy1zjD3L35gv8Wnhe2cfNT52jphsVfgyU3PCKYZ1Tj11>
- **9/March**, <https://fb.watch/f4MMvy-lnv/>, video: @sportforlifemovement's Formasaun ba Formador (T o T) remata ho haksolok ba graduadu sira! Eventu ne'e halibur komunidade sira ne'ebé:
- **18/May**, <https://www.facebook.com/GIZTL/posts/pfbid0s3v6C1YQWzd7AaG4TbRNxhnr8ifP5irjPcjTRbdhCpHHt2mt61QMNL5A2LbrXWJ1>
- **30/May**, <https://www.facebook.com/GIZTL/posts/pfbid0CIBQxXG Yu6Px3d5qngdxiX34qTFvbXU7u9xuJggRj94gfXHUUdAyrEdf5VWN9QY1>
- **30/May**, <https://fb.watch/f4MU6mnRR6/>, video: #JuventudebaMudansa koopera ho organizasaun SportImpact realiza formasaun kona-ba "Desportu ba Moris kontra desigualdade jeneru"
- **12/July**, <https://www.facebook.com/GIZTL/posts/pfbid02Dm1ViBkrZvUDJuoA8WVXfGJAKaWPCQgMdHKFYzTUKLao2tL8fJQeCWjcbNnZRLKel>

# Spreading the message: in the news



**RRTL coverage of the sport activity in Comoro, after the first TTT in Dili, on 5/March** (broadcast on 10 March 2022).  
Statements by organizers and by children.  
<https://youtu.be/4EwOki5Tblk>



**RRTL coverage of the sport activity in Comoro, after the second TTT in Dili, on 21/May** (broadcast on 25 May 2022).  
Statements by local authorities and by SportImpact facilitator.  
<https://youtu.be/rrYI5fWZPsY>



**Business Timor article on 8 August 2022**  
[www.jornalbisnistor.com/notisia/desportu/6081-sport-four-life-atribui-sertifikadu-sportimpact-ba-formandus-na-in-50](http://www.jornalbisnistor.com/notisia/desportu/6081-sport-four-life-atribui-sertifikadu-sportimpact-ba-formandus-na-in-50)



LALOKAR KONA BA AMI NOTISIA INTERNASIONAL OPINAUN LALENOK SIDADE DILI

## Sport Four Life Atribui Sertifikadu Sportimpact Ba Formandus Na'in-50

Matcho 08 Augustu 2022 Hits: 455



DILI----Sport four life Atribui Sertifiadu Sportimpact Ba Formandus Movimento Estudante Tane Oe-cuse (METO) no Lasama Training Center (LTC) hamutuk na'in-50 hodi Dezenvolvimentu Umanu Liu Husi Desportu Sportimpact hanesan orgnizaun ne'ebe parseria ho ZIZ ka koperasaun alemanha no NGO relevante sira Inklui SEJD.

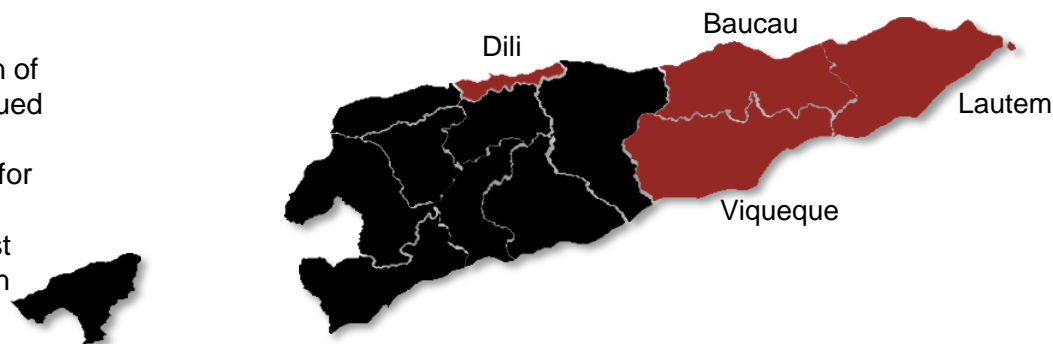
# Next steps: multiply the impact!



We will continue replicating the project by supporting alumni in the four municipalities and taking it to other municipalities in the coming years. **We welcome GIZ's recommendations to other organizations who may be interested in partnering up with us to enrich their projects and boost their reach and impact on Timor-Leste youth.**

## A. Replicate in the four municipalities

Follow up with alumni and Youth Centres in each municipality in order to ensure sustainable implementation of the agreed action plans in the coming months, and continued growth through additional TTTs and systematic annual calendars with local leadership. The vision is to get Sport for Life to all parts of each municipality, in order to provide development opportunities to all youth, especially the most neglected. To achieve this, it will be key to collaborate with USPAs (SSYS units in each sub-municipality)\*.



## B. Spread to other municipalities

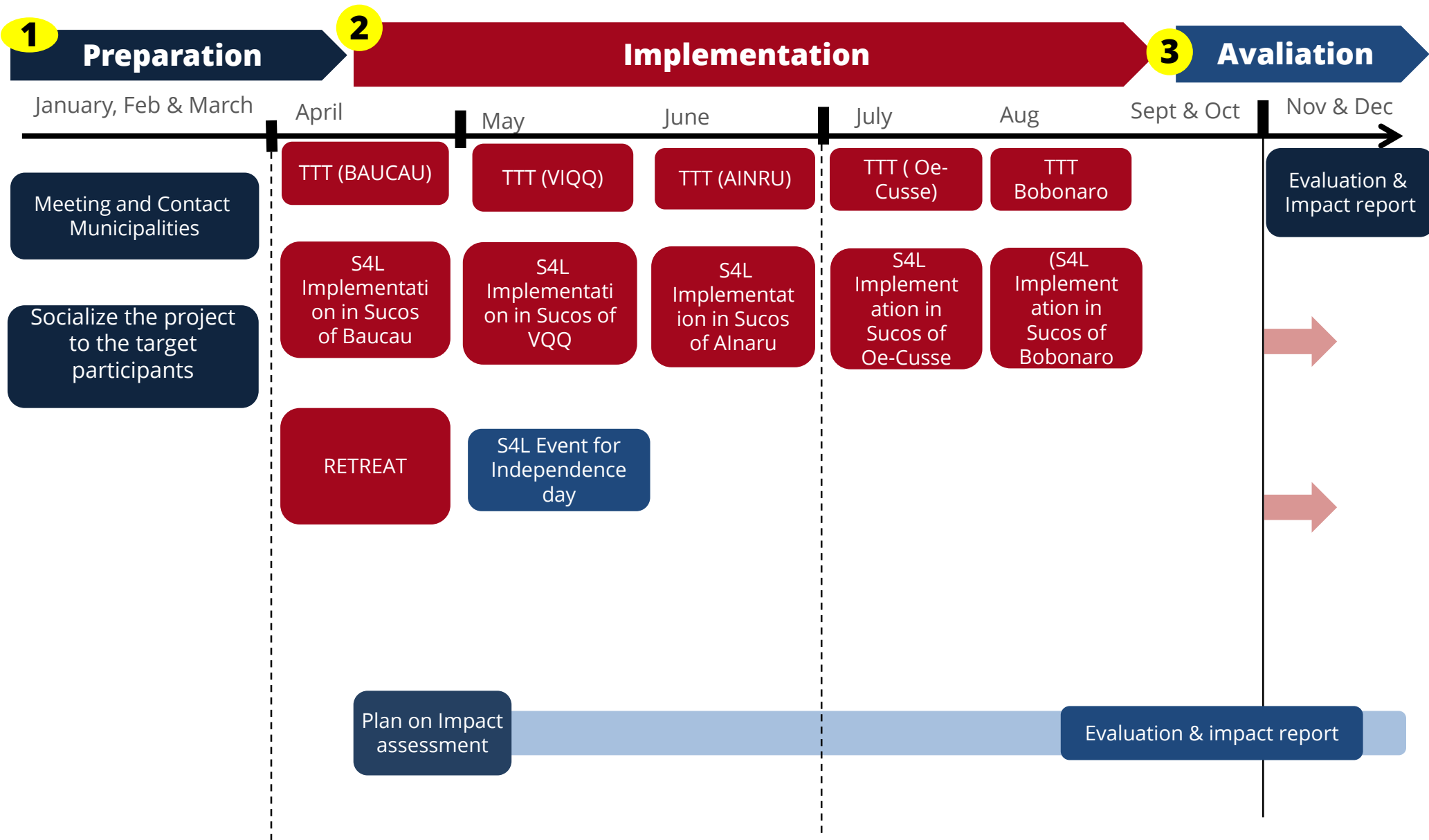
(draft plan, to be further discussed)

Replicate this project's process: an initial Sport for Life course plus Train-the-Trainer, followed by a Strategic Planning workshop to ensure local ownership, and concrete plans for spreading to all parts of each municipality.



\*USPA = Unidade Servisu Postu Administrativu = Service Unit in Administrative Post – i.e., the representation of the Secretary of State of Youth and Sport in sub-municipalities

# Project Calendar of 2023







# **The key to make sure Sport for Life continues alive**

- Just do it spirit
- Ability to run S4L as income source
- Have one mind and one heart team