







# SPORT FOR LIFE Botswana

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OPERATIONAL PLAN
2023

### What is Sport for Life?







**Vision** 

Using the power of sport to create a peaceful and developed world, with **equal opportunities for everyone**;

**Mission** 

**Promoting human development and youth empowerment** in vulnerable communities, to implement projects stimulating happier, healthier and fulfilling lives;

**Activities** 

#### **Workshops and courses**

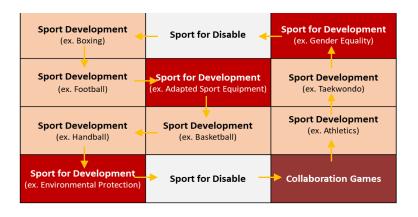
'How to organize sport events'
 Train-the-trainers



Progressive development and empowerment of participants, to become organizers, facilitators and leaders and to replicate Sport for Life

#### **Multisport Events**

Organized by participants



Organization of multisport activities for children and youth from local communities; practice of different sports and sensitization to social issues

### Sport for Life Botswana: General outline







**Objectives** 

**Develop the Botswana Olympic and sport movement**, promoting education, youth empowerment and human development; Generate positive impact for youth in Botswana, at short, medium and long-term, especially in vulnerable/marginalized areas; **Tackle important social issues** such as youth unemployment, health, sexual rights and health awareness, corruption, etc.; **Empower local youth**, creating equal opportunities for all, with special focus on marginalized and vulnerable populations; **Develop the Sport for Life network** across the continent;

**Strategic** Goals

Key Performance **Indicators** 

**Empower youth leadership** 

# of train-the-

# of Master

trainers organized

facilitators trained

**Empower** communities

- # of hubs established
- # of community projects conducted
- # of social sport entrepreneurship initiatives created

**Develop skills** through training and education

- # of Sport for Life courses conducted
- # of Sport for Life organizers trained
- # of Sport for Life facilitators trained

**Promote equal** participation of both genders

**Promote** connection and stimulate kids

- % of each gender in trained for leadership
  - % of gender in the regular activities
  - % of gender trained in courses

- # of children in Sport for Life events
- # of sports practiced in sport events
- # social issues tackled in Sport for Life events
- # of regular activities conducted

### Sport for Life Botswana: Background







Key
Performance
Indicators

- # of train-thetrainers (TTT) organized
- # of Master facilitators trained
- · # of hubs established
- # of community projects conducted
- # of social sport entrepreneurship initiatives created

- # of Sport for Life courses conducted
- # of Sport for Life organizers trained
- # of Sport for Life facilitators trained

- % of each gender in trained for leadership
- % of gender in the regular activities
- % of gender trained in courses
- # of children in Sport for Life events
- # of sports practiced in sport events
- # social issues tackled in Sport for Life events
- # of regular activities conducted

Baseline (2022)

- 1 T-T-T organized
- 1 Master facilitators trained
- 6 hubs established
- 8 community projects conducted
- · 0 SSEI created

- 4 Sport for Life courses conducted
- 86 Sport for Life organizers trained
- 28 of Sport for Life facilitators trained
- 30% Female & 70%
   Male for Sport
   Organizer trained
- 39% Female & 61%
   Male for T T –T
   trained
- 1236 kids in Sport for Life events
- 20 sports practiced in sport events
- 1 social issues tackled
- · 1 regular activities conducted

**Target** (2023)

- 4 T-T-T
- 4 Master facilitators
- 20 hubs established
- 2 community projects conducted
- 2 SSEI created

- 15 Sport for Life courses conducted
- 200 Sport for Life organizers trained
- 50 of Sport for Life facilitators trained
- 10% people with disability

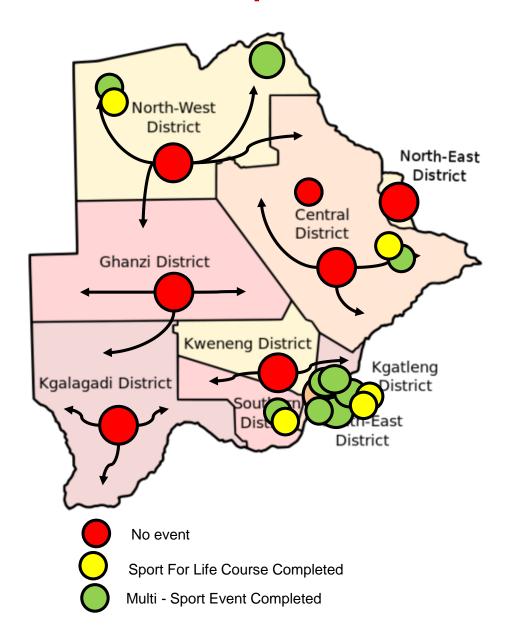
- 40% Female & 60%
   Male for Sport
   Organizer trained
- 45% Female & 55% Male for T - T –T trained
- 3000 kids in Sport for Life events
- 20 sports practiced in sport events
- 4 social issues tackled
- 4 regular activities conducted
- 10% kids with disability

# 2022 -

# **Footprint Report**



## 2022 Footprint



| District   | Town                                | Training | Event              |  |
|------------|-------------------------------------|----------|--------------------|--|
| Central    | Palapye                             | 0        | 0                  |  |
|            | Selibe Phikwe                       | 1        | 1                  |  |
|            | Sowa                                | 0        | 1                  |  |
| Chobe      | Kasane                              | 0        | 2                  |  |
| Kweneng    | Letlhakeng 0 Molepolole 0 Mmopane 0 |          | 0<br>0<br><b>1</b> |  |
| North West | Maun                                | 0        | 0                  |  |
|            | <b>Gumare</b>                       | <b>1</b> | 1                  |  |
| North-East | Francistown                         | 0        | 0                  |  |
|            | Maitengwe                           | 0        | 0                  |  |
| South-East | Tlokweng                            | 0        | 1                  |  |
|            | Ramotswa                            | 0        | 0                  |  |
|            | Ranaka                              | 0        | 1                  |  |
| Gaborone   | Old Naledi                          | 0        | 1                  |  |
|            | White City                          | 0        | 1                  |  |
|            | Lekidi                              | 2        | 0                  |  |
| Southern   | <b>Lobatse</b>                      | 1        | 1                  |  |
|            | Kanye                               | 0        | 0                  |  |
|            | Goodhope                            | 0        | 0                  |  |
| Kgalagadi  | Tsabong                             | 0        | 0                  |  |
|            | Jwaneng                             | 0        | 0                  |  |
|            | Hukuntsi                            | 0        | 0                  |  |
| Gantsi     | Gantsi                              | 0        | 0                  |  |
|            | Charles Hill                        | 0        | 0                  |  |
|            |                                     |          |                    |  |

#### **Multi – Sport Events**







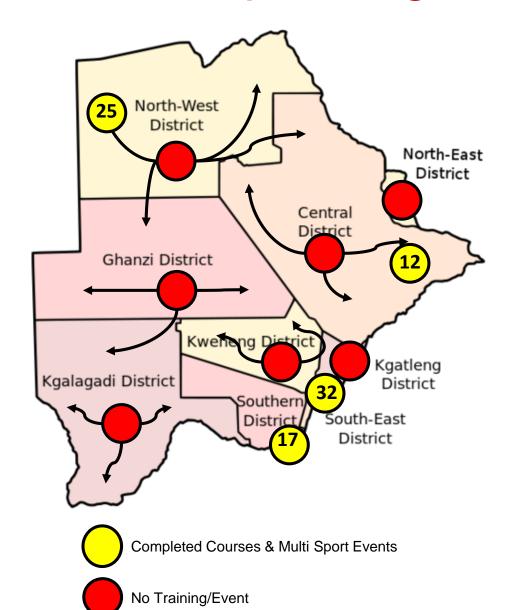


## Trained Sport Organizers - Heat Map









| Place & District        | No of Participants | Females  | Males    |
|-------------------------|--------------------|----------|----------|
| Gaborone (South East)   | 32                 | 14 (44%) | 18 (56%) |
| Selibe Phikwe (Central) | 12                 | 1 (8%)   | 11 (92%) |
| Gumare (North West)     | 25                 | 4 (16%)  | 21 (84%) |
| Lobatse (Southern)      | 17                 | 7 (41%)  | 10 (59%) |
| Total                   | 86                 | 26 (30%) | 60 (70%) |

#### **Trainings**

- 86 Sport Organizers trained around the country
- 30% Women and 70% men
- 4 / 10 Districts covered

#### **Pending**

- Kgalagadi
- Ghanzi
- Kweneng
- North East
- Kgatleng

#### **Partially Trained**

- Central
- North West

# 2023 -

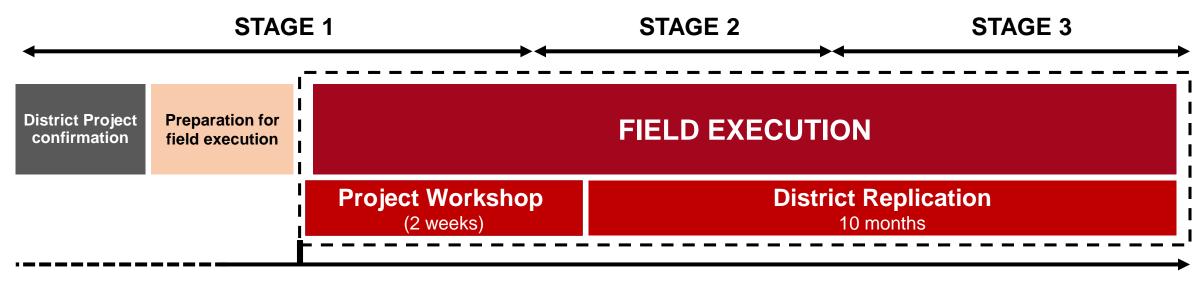
# **Proposal District Based**



### Sport for Life Botswana: Proposed schedule







- National Coordinator Travels to a District for preparation
- Week 0: Final preparation for Weeks 1 & 2
- Week 1: Sport for Life Course
- Week 2: Sport for Life Train-the-Trainer

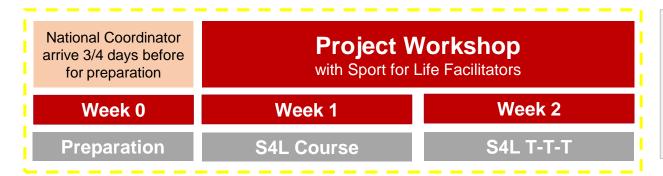
- National Coordinator working with NOC and facilitators for replication across the territory, with the support of the Sport for Life team
- Field projects across the country

### District Project Workshop









#### **About District Workshop...**

- Organized by local facilitator with partners (RADP, MYSC, etc.) under the responsibility of the National Coordinator;
- First target audience composed by young sport leaders from the respective District (for ownership, easier and more efficient replication);
- Participants go through the Sport for Life curriculum;
- We create a core team for excellent replication in the District

Week 0: final preparation on the ground (confirm participants, training room, equipment and material; prepare National Coordinator, involve main stakeholders);



### 2023 District Project Plan







|                                                      | District   | Place | Dates       | Target          | Target   |  |  |  |
|------------------------------------------------------|------------|-------|-------------|-----------------|----------|--|--|--|
| Quarter 1                                            |            |       |             |                 |          |  |  |  |
| Sport for Life Course Training & Multi – Sport Event | ТВС        | TBA   | Feb         | 30 Participants | 300 kids |  |  |  |
| Sport for Life Course Training & Multi – Sport Event | Central    | ТВА   | March       | 30 Participants | 300 kids |  |  |  |
| Quarter 2                                            |            |       |             |                 |          |  |  |  |
| Sport for Life Course Training & Multi – Sport Event | North West | ТВА   | May to June | 30 Participants | 300 kids |  |  |  |
| Train – The – Trainer Training & Multi – Sport Event | North West | ТВА   | May to June | 40 Trainers     | 500 kids |  |  |  |
| Quarter 3                                            |            |       |             |                 |          |  |  |  |
| Sport for Life Course Training & Multi – Sport Event | TBC        | ТВА   | Jul         | 30 Participants | 300 kids |  |  |  |
| Sport for Life Course Training & Multi – Sport Event | Kgalagadi  | TBA   | Aug         | 30 Participants | 300 kids |  |  |  |
| Quarter 4                                            |            |       |             |                 |          |  |  |  |
| Sport for Life Course Training & Multi – Sport Event | Kweneng    | ТВА   | Oct - Nov   | 30 Participants | 300 kids |  |  |  |
| Train – The – Trainer Training & Multi – Sport Event | South East | TBA   | Oct - Nov   | 20 Trainers     | 500 kids |  |  |  |

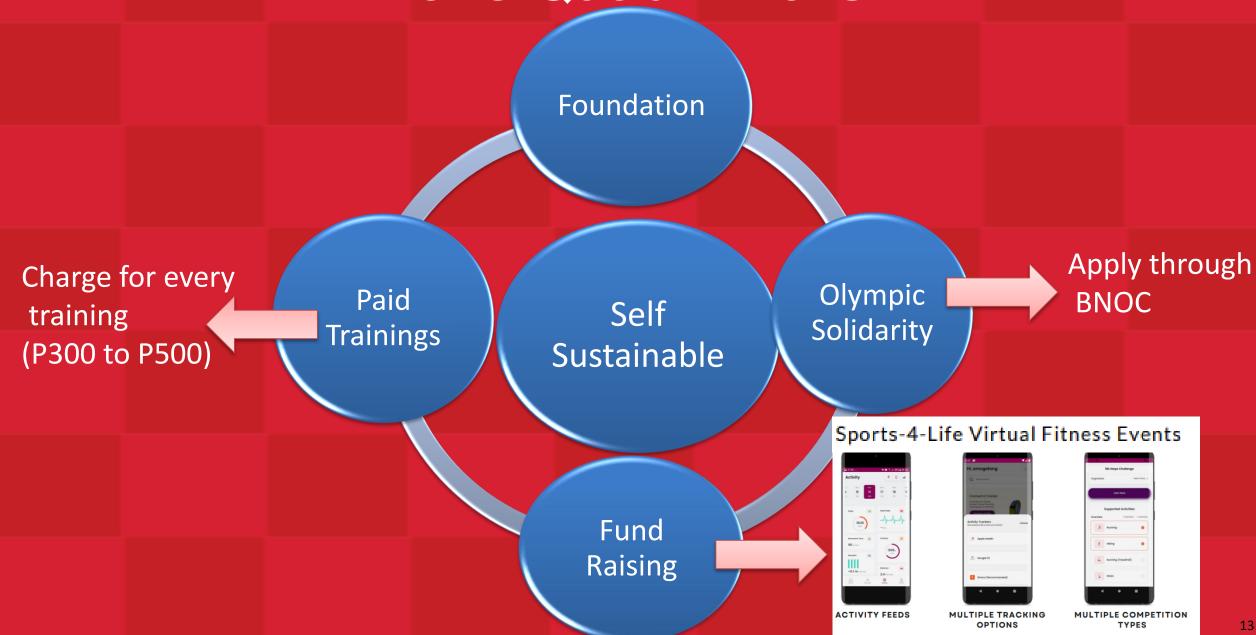
#### Participants (Training)

- Trained Sport Organizers: 30 per training
  - Age: 18 35 years
- Trained Trainers: 20 per training
  - 18 35 years

#### Participants (Multi - Sport Event)

- Sport Organizer Training: 300 kids
  - Age: 6 13 years
- Trainers Training: 500 Kids
  - Age: 6 13 years

### **2023 Quad Pillars**



# The Embrancement











**Botswana National Olympic Committee** 



Human Development through Sport

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