



SPORT FOR LIFE

GLOBAL FORUM 2025

ENERGIZE THE SPORT FOR LIFE NETWORK
FOR MAXIMUM IMPACT!

18 Jan 2025



TIMOR-LESTE
TLS



CABO VERDE
CPV



MOZAMBIQUE
MOZ



GUINEA-BISSAU
GBS



ZAMBIA
ZAM



SÃO TOMÉ & PRÍNCIPE
STP



BOTSWANA
BOT



MALAWI
MAW

Where are we calling from?

Type on the chat:

your **name**,

city/country from where you're calling

and **nationality**



Cabo Verde



Guinea-Bissau



São Tomé & Príncipe



Zambia



Malawi



Botswana



Mozambique



Timor-Leste



In-call messages

Send a message

SHARE ON THE CHAT

0%



100%

How much “do it”
have you been in 2024?





For me, the best Sport for Life moment in 2024 was...

In-call messages

Send a message

SHARE ON THE CHAT





Let's focus on the positive!

What was **well done** and how to do it **even better**

What **inspiration** can we get from others

What I **truly want** to do in 2025

...



CELEBRATE!



ENERGIZE!



MULTIPLY!





Global update

Country updates



MALAWI



BOTSWANA



SÃO TOMÉ E
PRÍNCIPE



ZAMBIA



GUINEA-BISSAU



MOZAMBIQUE



CABO VERDE



TIMOR-LESTE



Sharing time



Q&A / Wrap up

Global update



SPORT FOR LIFE

Sport for Life world

2016

Cabo Verde

2021

Guinea-Bissau

2022

São Tomé & Príncipe

2021

Zambia

2023

Malawi

2022

Botswana

2018










Mozambique

2015

Timor-Leste

Impact in numbers: all years












	Start year:	2015	2016	2018	2021	2021	2022	2022	2023	
										
		GLOBAL	Timor-Leste	Cabo Verde	Mozambique	Guinea-Bissau	Zambia	São Tomé & Príncipe	Botswana	Malawi
Number of TTTs		30	23	2	1		1	1	2	
Trained facilitators		506	373	37	20		22	20	34	
Number of Courses		227	158	33	4	5	10	4	11	2
Trained organizers		4,659	3,250	754	73	133	139	70	185	55
Number of activities		375	196	82	28	4	23	9	16	17
Participants in activities*		89,562	23,094	40,495	6,506	595	8,624	2,300	3,123	4,825

Note: Based on self-reported information, so not accurate (most likely under-reported)

*Estimated, as it is challenging to count exact numbers

Impact in numbers: 2024



	Start year: 2015	2016	2018	2021	2021	2022	2022	2023	
									
	GLOBAL	Timor-Leste	Cabo Verde	Mozambique	Guinea-Bissau	Zambia	São Tomé & Príncipe	Botswana	Malawi
Number of TTTs	4	3						1	
Trained facilitators	66	56						10	
Number of Courses	16	8	1					7	
Trained organizers	256	122	27					107	
Number of activities	39	20	3			3		8	5
Participants in activities*	6,702	856	660			1,606		1,312	2,268

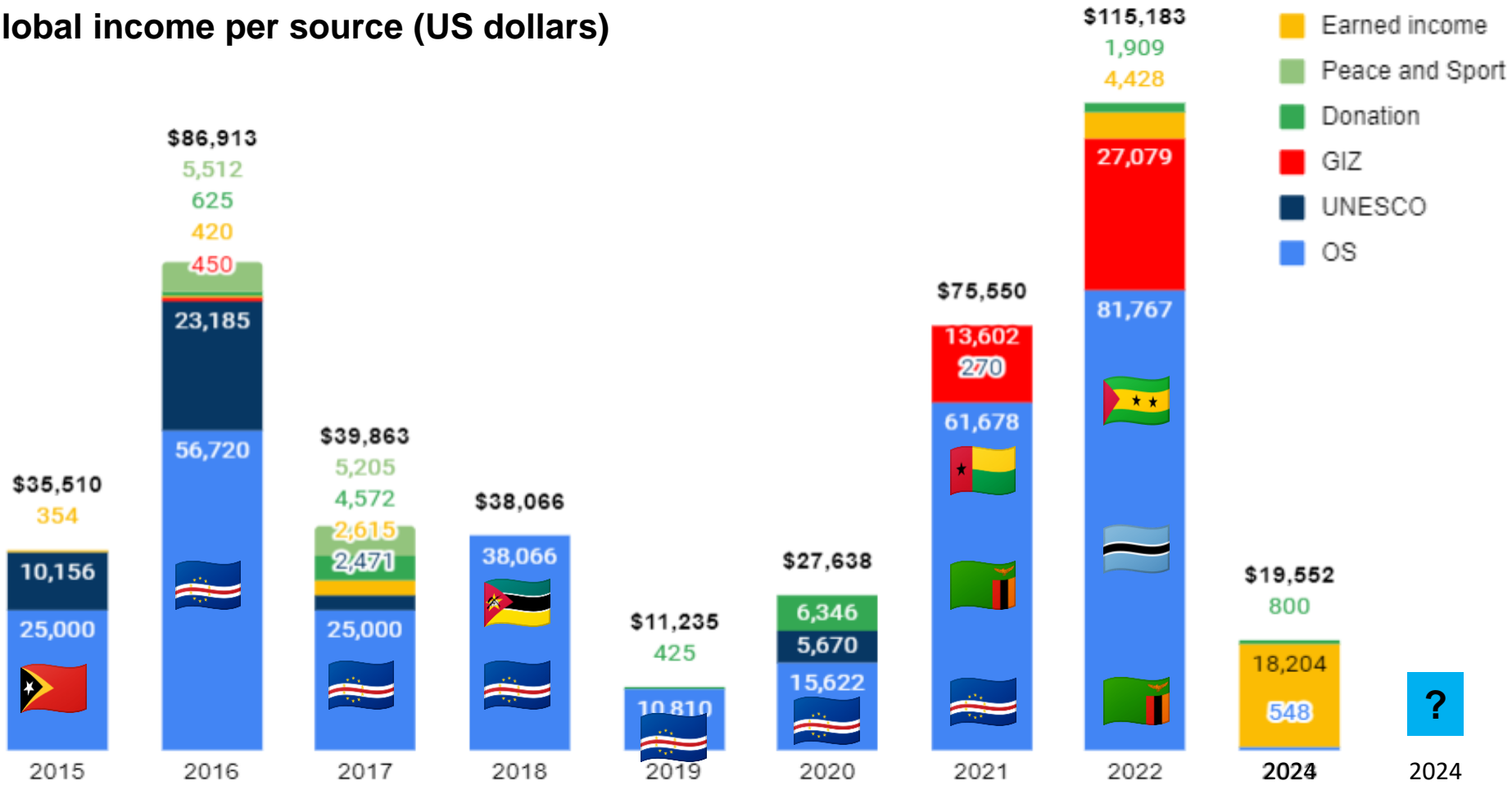
Note: Based on self-reported information, so not accurate (most likely under-reported)

*Estimated, as it is challenging to count exact numbers

Key partner: Olympic Solidarity (OS)



Global income per source (US dollars)



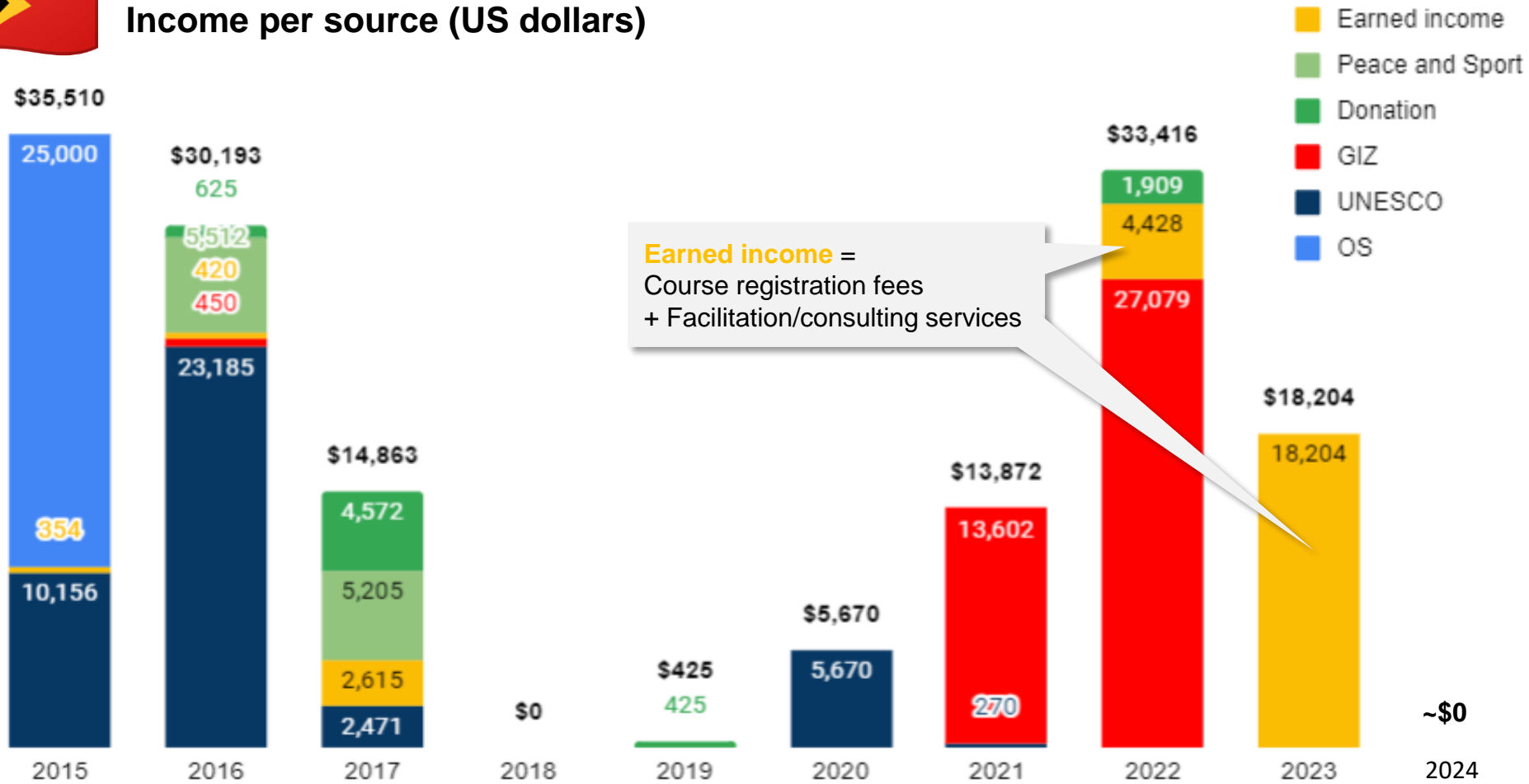
OS as % of total: 70%, 65%, 63%, 100%, 96%, 57%, 82%, 71%, 0%, 100%?

Note: Including funds we are aware of; as Sport for Life is a free, open movement, involving many people and organizations, there may be other funds not included here
 Source: SportImpact financials; estimates

Timor-Leste: diversified & uncertain



Income per source (US dollars)



Earned income =
 Course registration fees
 + Facilitation/consulting services

- Earned income
- Peace and Sport
- Donation
- GIZ
- UNESCO
- OS

Country updates

<https://tinyurl.com/S4Ldatabase>

<https://tinyurl.com/S4Lmap>



MALAWI



BOTSWANA



**SÃO TOMÉ E
PRÍNCIPE**



ZAMBIA



GUINEA-BISSAU



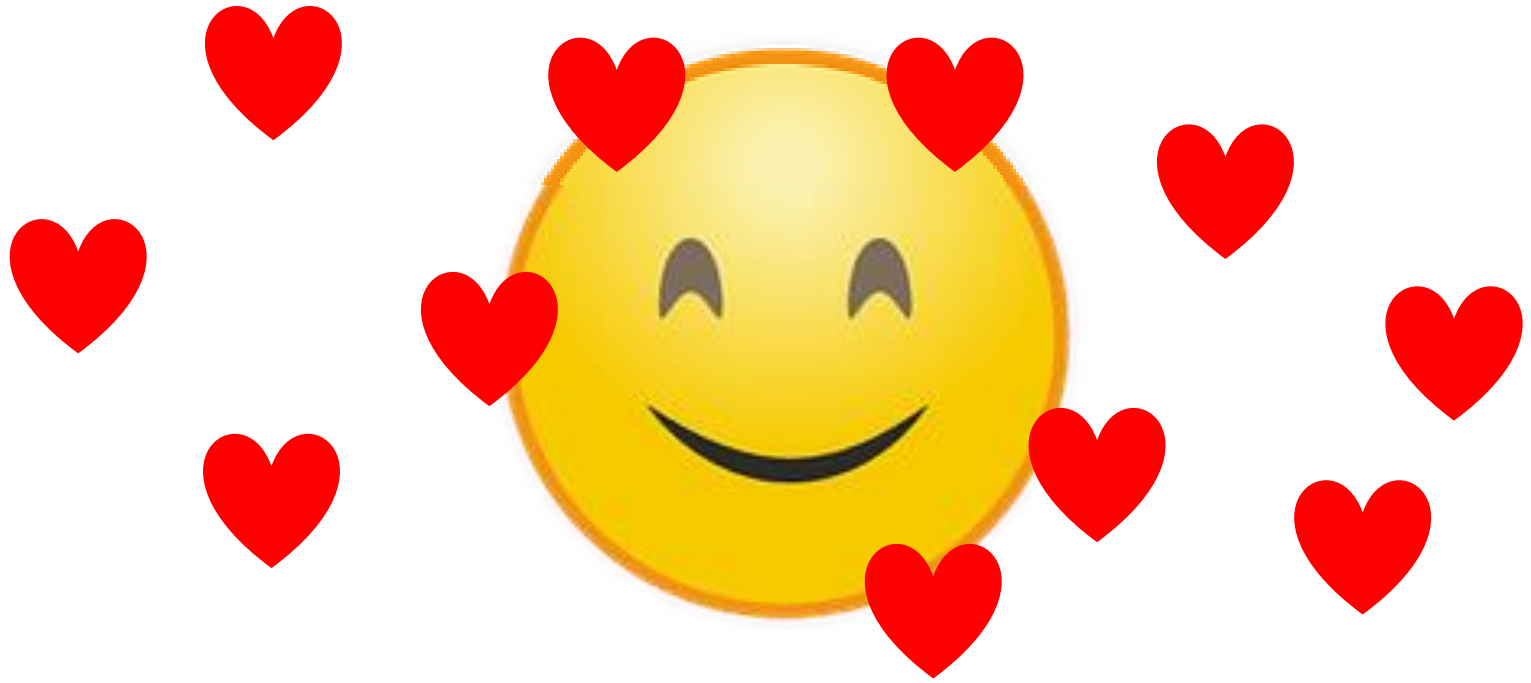
MOZAMBIQUE



CABO VERDE



TIMOR-LESTE



Let's focus on the positive!

As we hear our colleagues, notice all the good things they have done. **Share on the chat** what impressed you the most, or ideas they are giving you. ❤️



MALAWI

<https://tinyurl.com/S4L-MAW>



BOTSWANA

<https://tinyurl.com/S4L-BOT>

Facilitator	Last time active	Points in last 12m	Courses in last 12m	TTT	Courses
Molefhi Kannemey	04/Dec/2024	11.0	8	1	7
Mathodi	09/Nov/2024	1.0	2	0	2
Favour	27/Jul/2024	1.0	1	0	1
Watipa Johannes	22/Jun/2024	1.0	1	0	1
Pulo Puso	09/Nov/2024	0.5	1	0	1
Kgosi Maripe	25/May/2024	0.5	1	0	1



SÃO TOMÉ E PRÍNCIPE

<https://tinyurl.com/S4L-STP>



ZAMBIA

<https://tinyurl.com/S4L-ZAM>



GUINEA-BISSAU

<https://tinyurl.com/S4L-GBS>



MOZAMBIQUE

<https://tinyurl.com/S4L-MOZ>



CABO VERDE

<https://tinyurl.com/S4L-CPV>

And other not yet reported activities in the context of project [Comunidade365](#)

Facilitator	Last time active	Points in last 12m	Courses in last 12m	TTT	Courses
Ivete Rosa	03/Feb/2024	1.0	1	0	1



TIMOR-LESTE

<https://tinyurl.com/S4L-TLS>

Facilitator	Last time active	Points in last 12m	Courses in last 12m	TTT	Courses
Virginia de Graca da Cruz	15/Dec/2024	7.0	3	1	2
Jaime de Graca da Cruz	14/Oct/2024	6.0	2	1	1
Feliciana Soares Soi	20/Oct/2024	4.0	3	1	2
Evalina de Sá Benevides	13/Jul/2024	4.0	3	1	2
Joao Akara	13/Jul/2024	3.0	2	1	1
Joao da Costa	20/Oct/2024	1.0	1	0	1
Alarina Alves do Nascime	26/May/2024	1.0	1	0	1
Esperança Fátima Soares	26/May/2024	1.0	1	0	1
Justina de Carvalho Pintc	14/Mar/2024	1.0	1	0	1
Juliana Abi	27/Feb/2024	1.0	1	0	1

Active facilitators globally in 2024



	Facilitator	Score	TTT	Courses
	1 Molefhi Kannemeyer Obenne	11.0	1	7
	2 Virginia de Graca da Cruz	7.0	1	2
	3 Jaime de Graca da Cruz	6.0	1	1
	4 Evalina de Sá Benevides	4.0	1	2
	Feliciano Soares Soi	4.0	1	2
	6 Joao Akara	3.0	1	1
	7 Methodi	1.0		2
	8 Alarina Alves do Nascimento	1.0		1
	Esperança Fátima Soares	1.0		1
	Favour	1.0		1
	Ivete Rosa	1.0		1
	Joao da Costa	1.0		1
	Juliana Abi	1.0		1
	Justina de Carvalho Pinto	1.0		1
	Watipa Johannes	1.0		1
	16 Kgosi Maripe	0.5		1
	Pulo Puso	0.5		1



Well done, Molefhi!!

Score = 5 pts per TTT and 1 pt per S4L Course. If there are more than 2 co-facilitators in one course, then the score is divided by (n - 1), where n = number of co-facilitators.

Top facilitators ever!



	Facilitator	Years	Score	TTTs	Courses
	1 Virginia de Graca da Cruz	9.6	77.6	16	17
	2 Ivete Rosa	7.8	28.0	3	17
	3 Silvina Amaral Mendonca	4.0	26.5	4	9
	4 Léo Moreau	5.6	24.5	4	8
	5 Igor Espanhol	0.9	19.0	3	4
	6 Evalina de Sá Benevides	2.1	18.1	4	7
	7 Epifania Araujo da Silva Gomes	1.8	17.1	5	4
	8 Jaime de Graca da Cruz	3.9	15.6	4	5
	9 Feliciano Soares Soi	2.4	14.0	2	7
	10 Molefhi Kannemeyer Obenne	1.7	11.3	1	8

Score = 5 pts per TTT and 1 pt per S4L Course. If there are more than 2 co-facilitators in one course, then the score is divided by (n - 1), where n = number of co-facilitators.

Sharing time



BOTSWANA

**Social Entrepreneurship
Using Partnerships**
Molefhi Kannemeyer

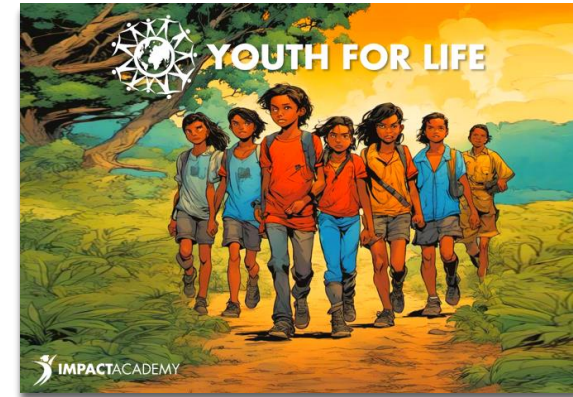


TIMOR-LESTE

Youth for Life pilot
Virginia Graca



YOUTH FOR LIFE





YOUTH FOR LIFE



Youth for Life Course materials



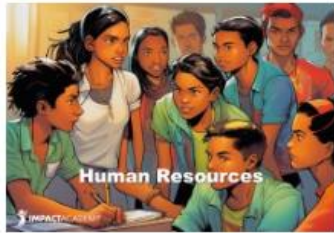
1. Asset Mapping



2. Bridge to the Future



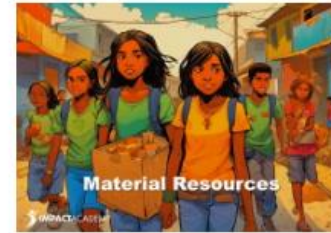
3. Leadership



4. Human Resources



5. Action Plan



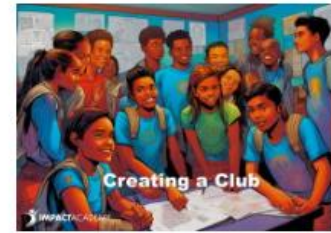
6. Material Resources



7. Marketing & Promotion



8. Developing Partnerships



9. Creating a Club

youth-for-life.org

Next steps



1. Organize a **Sport/Youth for Life Hub or Club** at local level and/or an **Association/Cooperative** at national level
 - Who are the members
 - Place to meet (e.g., NOC, local club, sport facility, someone's house?)
 - Regular meetings (e.g., weekly on Friday 6pm)
2. Run an **Action Planning meeting** to decide how you will work together to develop Sport/Youth for Life
 - At national level (virtual meeting?) or local level
3. Create a **Calendar for 2025** (activities, dates, organizers)
 - Regular activities (e.g., every Saturday morning at primary school)
 - Courses (e.g., 1 per quarter at local level)
 - Train-the-Trainers (e.g., 1 per year at national or regional level)
4. **Just do it!**

**What is one idea you
got for your project
from these updates?**

PLEASE SHARE IN THE CHAT



*In 2025,
I will develop
Sport/Youth for Life
by...*

In-call messages

Send a message

Share on the chat

Let's do it!



**Halo
deit!**



**Tivichite
pamodzi!**



**Tipangile
limodzi!**



**Bamu
fê!**



**No na
facyl!**



**Epa
fazi!**



**Are
direng!**





Q&A

Other topics

Sport for Life Country Dashboards



Click the icons or country names to access each dashboard

[LINK TO REPORT ONLINE](#)

[UPDATED SPORT FOR LIFE GLOBAL DATABASE](#)

[UPDATED SPORT FOR LIFE MAP](#)



[TIMOR-LESTE](#)



[CABO VERDE](#)



[MOZAMBIQUE](#)



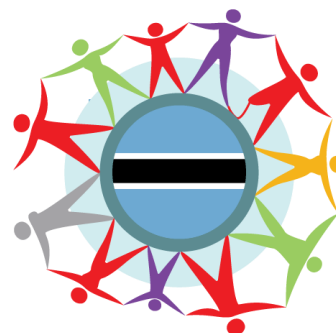
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SPORT FOR LIFE

HUMAN DEVELOPMENT THROUGH SPORT

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